

Barium Enema Prep

Clear liquid diet 2 days before exam. Nothing red, blue, or purple.
No milk products.

Follow bowel prep as instructed:

Day before exam:

Diet as instructed.

1:00pm: Take 4 dulcolax tablets with clear liquid.

2:00pm: Mix 238gram bottle of miralax with a 64oz bottle of clear liquid of your choice. Mix well. Chill the mixture.

4:00pm: Drink 1 cup of the miralax mixture every 10-15 minutes until completely gone.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT

*****please call us with any questions –
864.224.8689******