

CAPSULE ENDOSCOPY PREP

YOU WILL NEED TO PURCHASE OVER THE COUNTER MIRALAX, GATORADE AND GAS X.

YOU WILL PREPARE FOR THE CAPSULE ENDOSCOPY THE DAY BEFORE YOUR APPOINTMENT TO SWALLOW THE PILL CAMERA. YOU CAN HAVE A NORMAL DIET UNTIL 1:00PM. FROM 1:00PM UNTIL 1000PM YOU WILL BE ON CLEAR LIQUID DIET.

CLEAR LIQUIDS INCLUDE: CLEAR FRUIT JUICES, WATER, CLEAR BROTH OR BOULLION, COFFEE, OR TEA WITHOUT MILK CREAMER, GATORADE, SOFT DRINKS, JELL-O AND POPSICLES (**NOTHING RED, BLUE, OR PURPLE!**)

YOU WILL NEED TO PURCHASE A 4.10oz BOTTLE OF MIRALAX AND 32 OZS OF LIGHT-COLORED GATORADE. YOU WILL MIX THIS AND BEGIN DRINKING THIS AT 2:00PM. THIS IS A LAXATIVE AND WILL MAKE YOU GO TO THE RESTROOM.

AFTER 10:00PM YOU CANNOT HAVE ANYTHING BY MOUTH, NOT EVEN WATER.

IF YOU ARE ON ANY IRON PILLS, VITAMINS THAT CONTAIN IRON, OR FISH OIL YOU WILL NEED TO STOP THESE 10 DAYS PRIOR TO YOUR PROCEDURE. IF YOU ARE A SMOKER YOU WILL NEED TO DISCONTINUE SMOKING THE DAY BEFORE YOUR PROCEDURE.

IF YOU HAVE DIFFICULTY SWALLOWING PILLS, PLEASE INFORM US BEFORE YOUR PROCEDURE.

THE MORNING OF YOUR PROCEDURE YOU WILL NEED TO TAKE A GAS-X BEFORE LEAVING YOUR HOUSE WITH A VERY SMALL SIP OF WATER.

DO NOT TAKE YOUR REGULAR MEDICATIONS THE DAY OE THE PROCEDURE. PLEASE WAIT UNTIL AFTER THE PROCEDURE HAS BEEN COMPLETED **UNLESS** YOU TAKE HEART MEDICATION OR SEIZURE MEDICATIONS. THESE YOU WILL NEED TO TAKE 2 HOURS PRIOR TO YOUR APPOINTMENT.

*****IF YOU HAVE ANY QUESTIONS, PLEASE CALL THE OFFICE AT 864-224-8689*****