

INSTRUCTIONS FOR EGD/EUS/ERCP

For those patients who take a prescription blood thinner or anticoagulation therapy (including but not limited to: Aggrenox, Brilinta, Coumadin, Effient, Eliquis, Plavix, Pradaxa, Xarelto) It is important that you obtain a time frame of stopping these medications before leaving our office. There are varying time frames for each medication and situation. On occasion, there will be an injectable medication (Lovenox) prescribed to replace the blood thinner.

**** If you have had a RECENT cardiac or vascular stent, do not stop blood thinner without talking with your cardio/vascular surgeon. If you have had a blood clot in the lungs (pulmonary embolism), it is very important to use Lovenox as a bridge.**

PLEASE DO NOT STOP 81MG ASPIRIN (BABY ASPIRIN, LOW DOSE ASPIRIN) BEFORE THE PROCEDURE.

For 5 days prior to the procedure, please do not take **Iron, a multivitamin with Iron, or Fish Oil.**

- **You may have a normal diet the day before the procedure.**
- **Nothing to eat or drink after midnight.**

THE DAY OF THE PROCEDURE:

1. You must be accompanied by a friend or relative who can stay at the facility during the procedure and drive you home.
2. Do not take any medications before the procedure. You may take them once the procedure has been completed. If you take medication for **HEART DISEASE, SEIZURES, OR THYROID**, you can take these with a small sip of water at least 2 hours before your arrival time.

IF YOU HAVE ANY QUESTIONS CONCERNING YOUR PREP, PLEASE CALL OUR OFFICE AT 864.224.8689