

SUTAB Bowel Prep for Colonoscopy

For those patients who take a prescription blood thinner or anticoagulation therapy (including but not limited to: Aggrenox, Brilinta, Coumadin, Effient, Eliquis, Plavix, Pradaxa, Xarelto) It is important that you obtain a time frame of stopping these medications before leaving our office. There are varying time frames for each medication and situation. On occasion, there will be an injectable medication (Lovenox) prescribed to replace the blood thinner.

*** If you have had a RECENT cardiac or vascular stent, do not stop blood thinner without talking with your cardio/vascular surgeon. If you have had a blood clot in the lungs (pulmonary embolism), it is very important to use Lovenox as a bridge.**

PLEASE DO NOT STOP 81MG ASPIRIN (BABY ASPIRIN, LOW DOSE ASPIRIN) BEFORE THE PROCEDURE.

For 5 days prior to the procedure, please do not take **Iron, a multivitamin with Iron, or Fish Oil.**

THE DAY BEFORE PROCEDURE:

1. Clear liquid diet ALL DAY LONG. There is a clear liquid diet on back of this sheet. **(NOTHING RED, BLUE, or PURPLE and NO ALCOHOLIC BEVERAGES)**
2. You must take 4-Dulcolax 5mg tablet before starting prep and 4-Dulcolax 5mg tablet after final dose of prep.
3. This prep has 2 doses that are just alike. Start the 1st dose at 3pm and the 2nd dose at 6pm. At 3pm: Take dose of 12 tablets with 16 ounces of water over 30 minutes time. About 1 hour after the last tablet is taken, fill the cup again and drink the full 16 ounces over the next 30 minutes. 30 minutes after finishing that cup you will need to repeat and drink another 16 ounces of water. *Repeat exactly beginning at 6pm.
4. You may have clear liquids until midnight. **Nothing** to eat or drink after midnight.
5. If you are diabetic, take only ½ of your usual dose of insulin in the morning. You may take the morning dose of any oral diabetic medication. You will not take your PM dose.

THE DAY OF THE PROCEDURE:

NOTHING TO EAT OR DRINK BEFORE PROCEDURE.

You must be accompanied by a friend or relative who can stay at the facility during the procedure and drive you home.

Do not take any medications before the procedure. You may take them once the procedure has been completed. If you take medication for **HEART DISEASE, SEIZURES, OR THYROID**, you can take these with a small sip of water at least 2 hours before your arrival time.

IF YOU HAVE ANY QUESTIONS CONCERNING YOUR PREP, PLEASE CALL OUR OFFICE AT 864-224-8689.

If you experience extreme nausea or vomiting while trying to complete the prep, please call our office for instructions. If it is after 5pm or on the weekend, please purchase a 235 gram bottle of Miralax and mix into a 64oz. bottle of Gatorade. (not red, blue, or purple). You must finish this liquid before 8pm. You will still need to take the Dulcolax tablets.